

Welcome to Year 13 Parents' Evening



Shoreham Academy

The best in everyone™

Part of United Learning

“Summer exams” “Vocational Deadlines” and year 13

Just over one term left to the “summer exams” begin.

That means 57 learning days left to the summer exams begin!

The Spring Mock Exams



Begin in 2 weeks – Monday 6th February.



Cover 2 weeks – before and after half term.



First time students could be tested on the full content of the course

Opportunity to revise the course
Identify areas not yet secure and learn these areas before the real exams

What we see



What we don't see

		EFFORT	DESIRE	PASSION	FOCUS	
	DOUBT	PAIN	TRAINING	FAILURE	HARD WORK	BLOOD, SWEAT & TEARS
ANGST	TESTS	GOALS	INJURY	EARLY MORNINGS	LATE NIGHTS	IMPROVEMENT
WORK	SPIRIT	JOY	LISTENING	SACRIFICE	FEEDBACK	PATIENCE
PREP	GRIT	TIME	FEAR	INNOVATION	PERSEVERANCE	COURAGE
GT	GUTS	SUPPORT	BRavery	LONELINESS	REJECTION	SADNESS
III	PAIN	DIET	REST	MOTIVATION	STRATEGY	WILL
IV	DRIVE	HOPE	SLEEP	COMMITMENT	LEARNING	TACTICS
V	AIMS	ZEAL	LOSS	PAIN	TEAR	VISION
VI	WILL	DARING	HONESTY			
VII	TEAM	ATTITUDE				

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GUY DOWNES ©

How much work should students be doing?



12 hours of independent study is a core expectation in year 12.

As we approach exams, students should be achieving at least 20 hours of study outside of lessons.

Minimum expectation
5 hours a day

- 2 hours HW
- 2 hours Independently
- 1 hour organising revision materials



How can I help my child stay motivated?

Routine

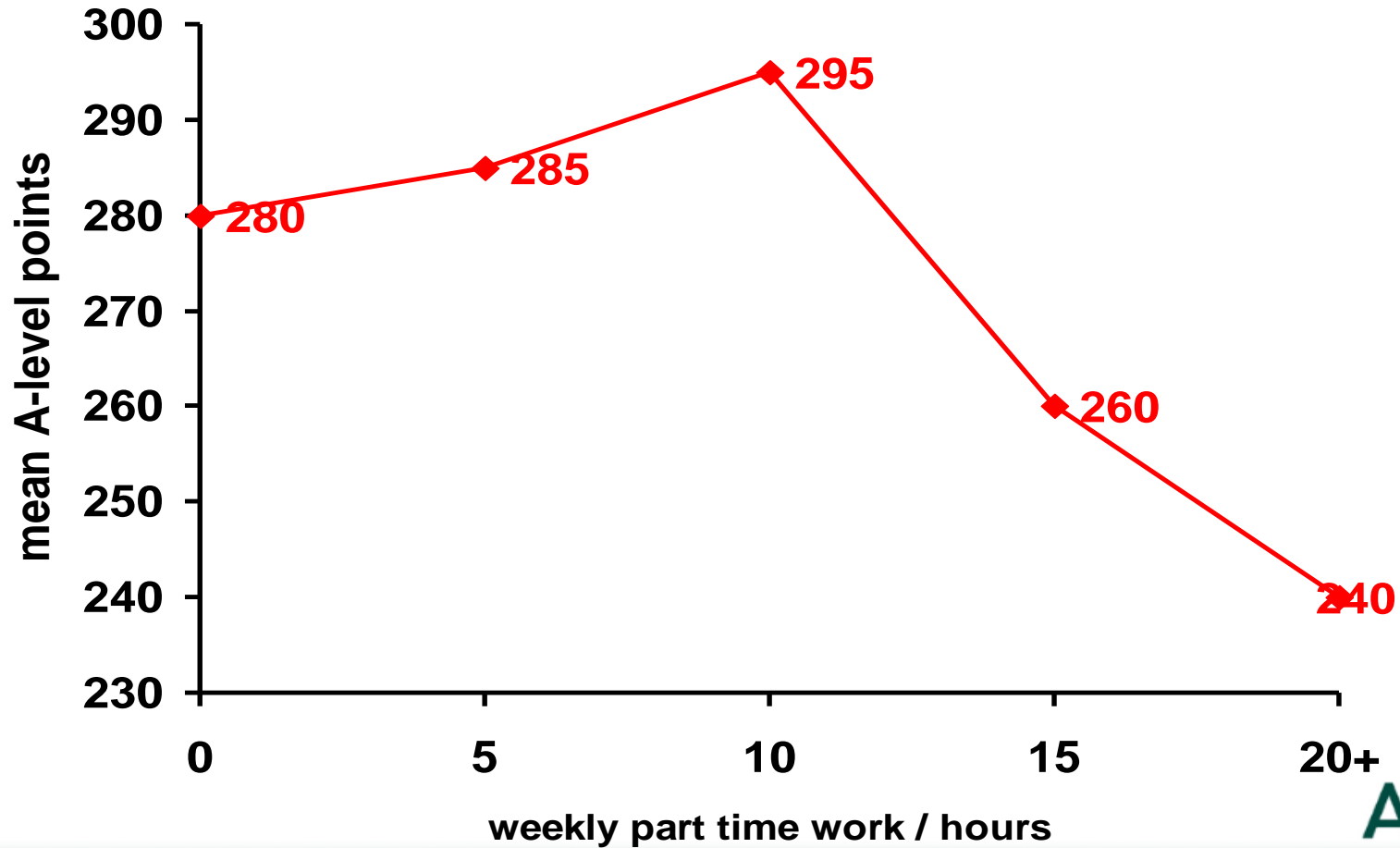
Positive reinforcement and praise

The end goal – university applicant days and offers, appointments with careers advisor

Reduce hours at part time job

Part time work: Delayed Gratification...

Part time work and A-level success





What are the best ways to revise?

Recall – study capture, mind maps and flash cards.

Assessing that knowledge – past papers, knowledge tests.

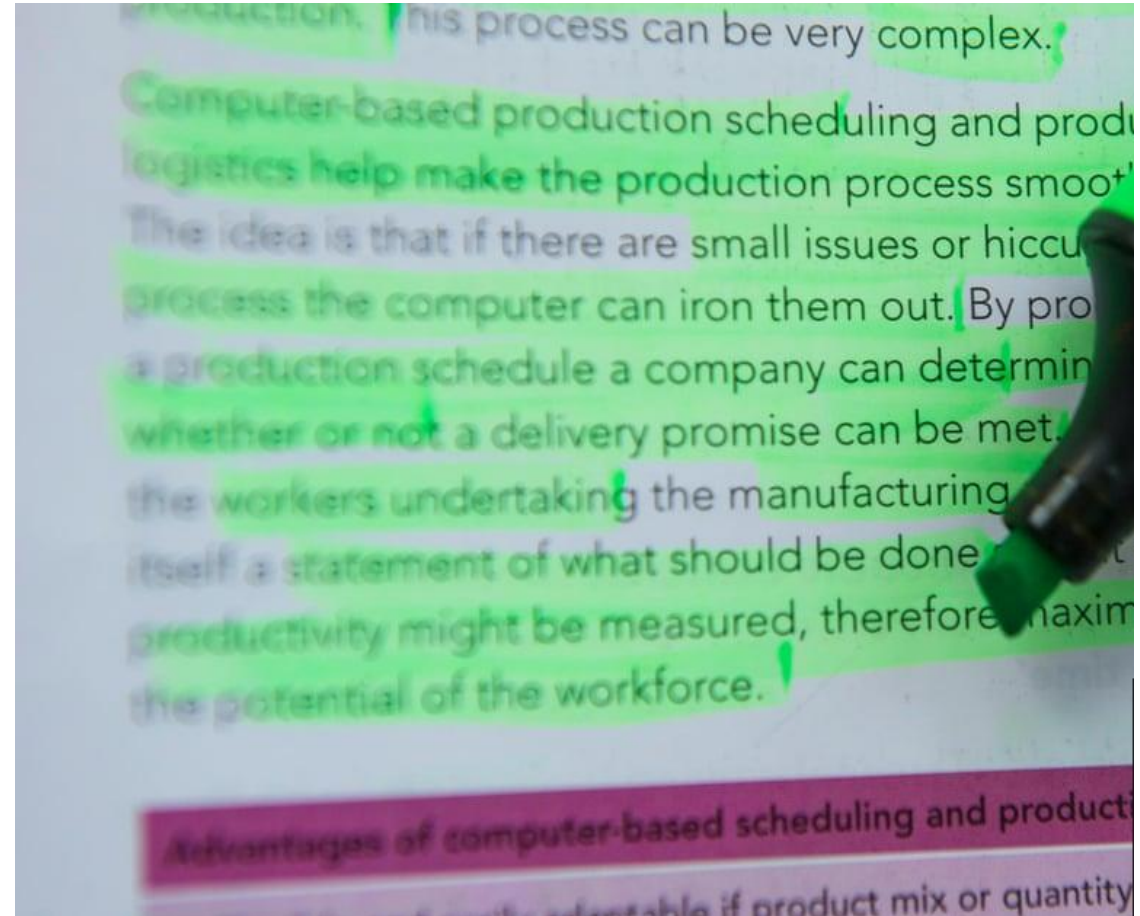
Go revise!

Research found

- 84% of students said they used rereading as a study strategy

Other study strategies that are **NOT** the most effective are:

- **Highlighting**
- Looking up information on a computer, copy and pasting or writing out



Learning is the transformational process

REVISION needs to **turn** the information into another format & keep **practising recall & exam questions & using mark schemes**

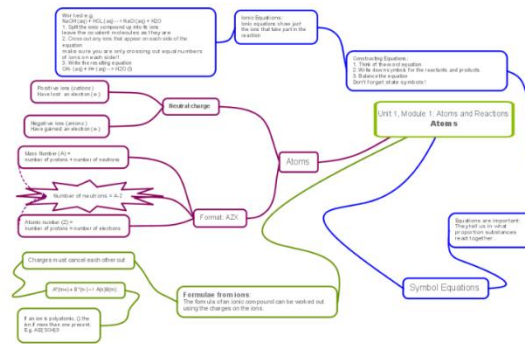


Prompted retrieval



verses

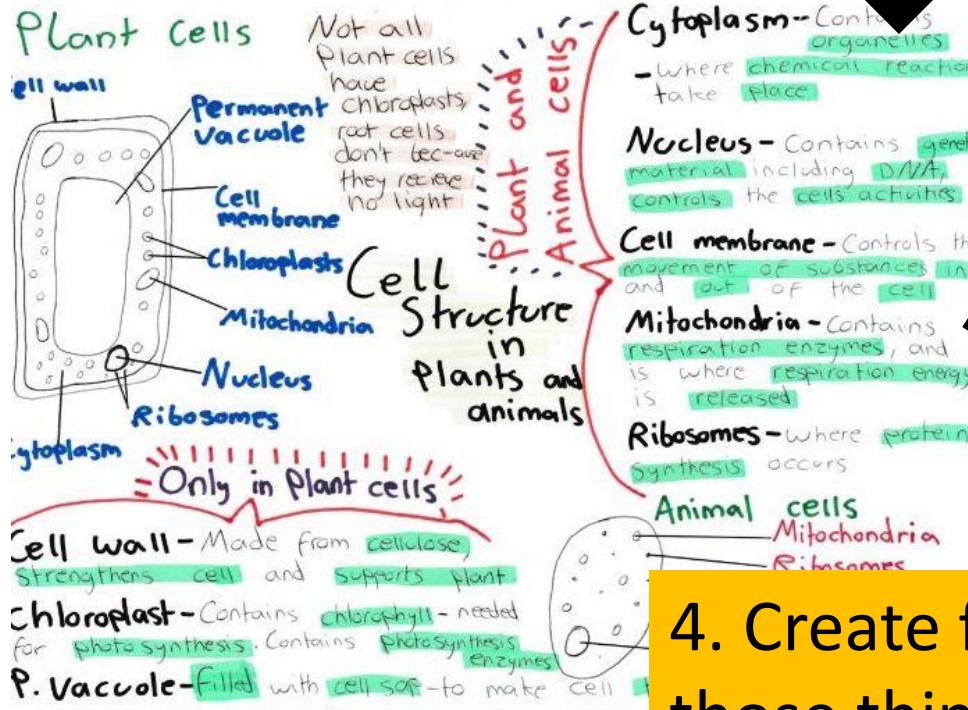
unprompted



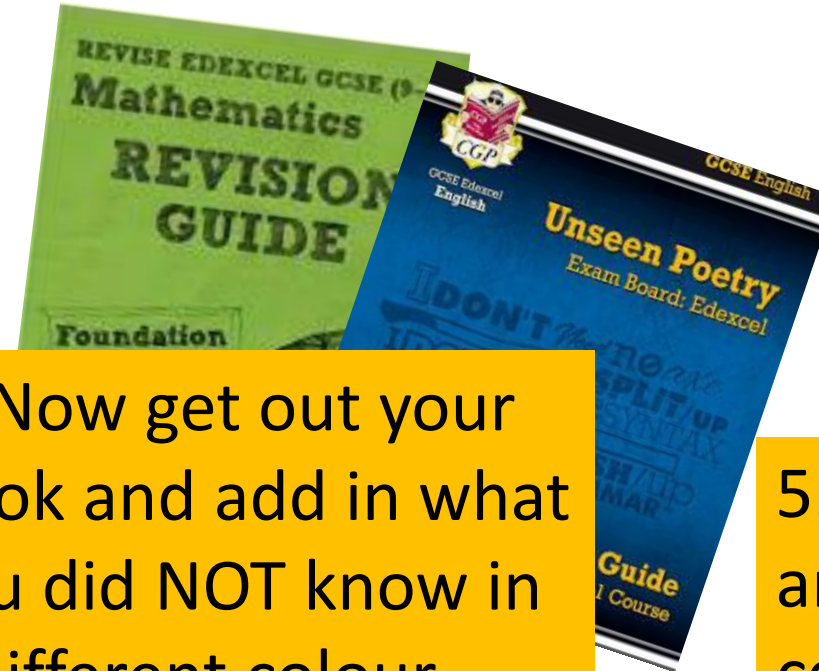
This is how we revise

1. Choose a topic

2. Write down everything you know from your head



3. Now get out your book and add in what you did NOT know in a different colour



5. Practice and retest a couple of weeks later

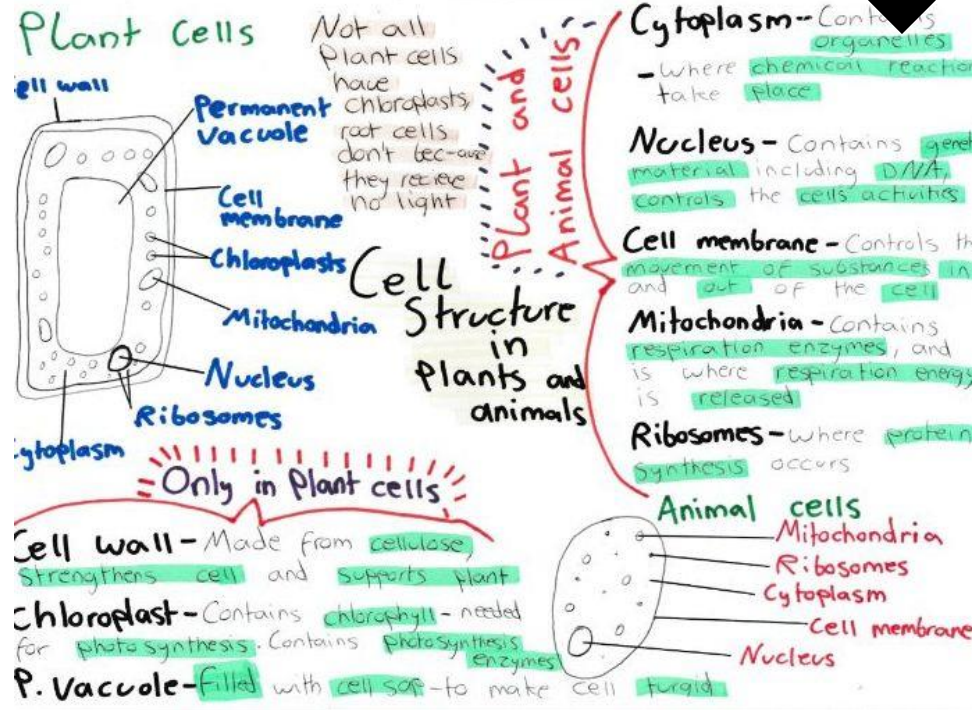
4. Create flash cards for all those things you could not remember or got wrong



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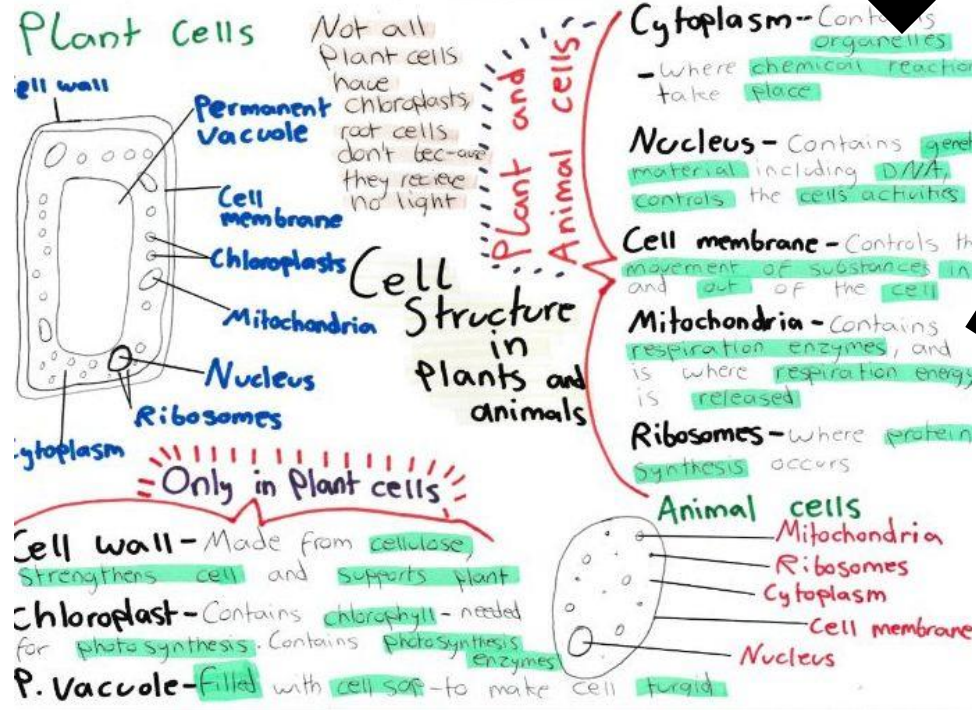
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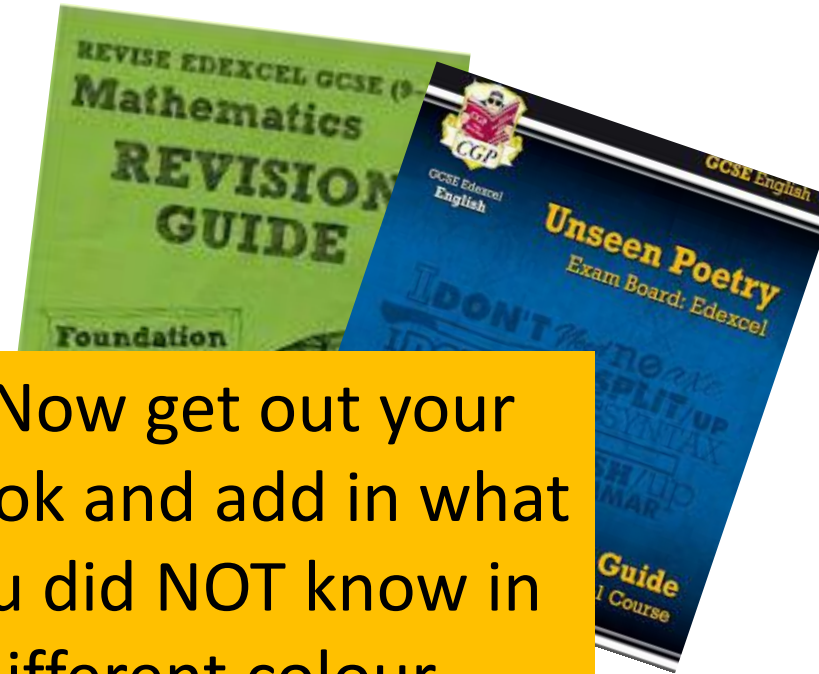
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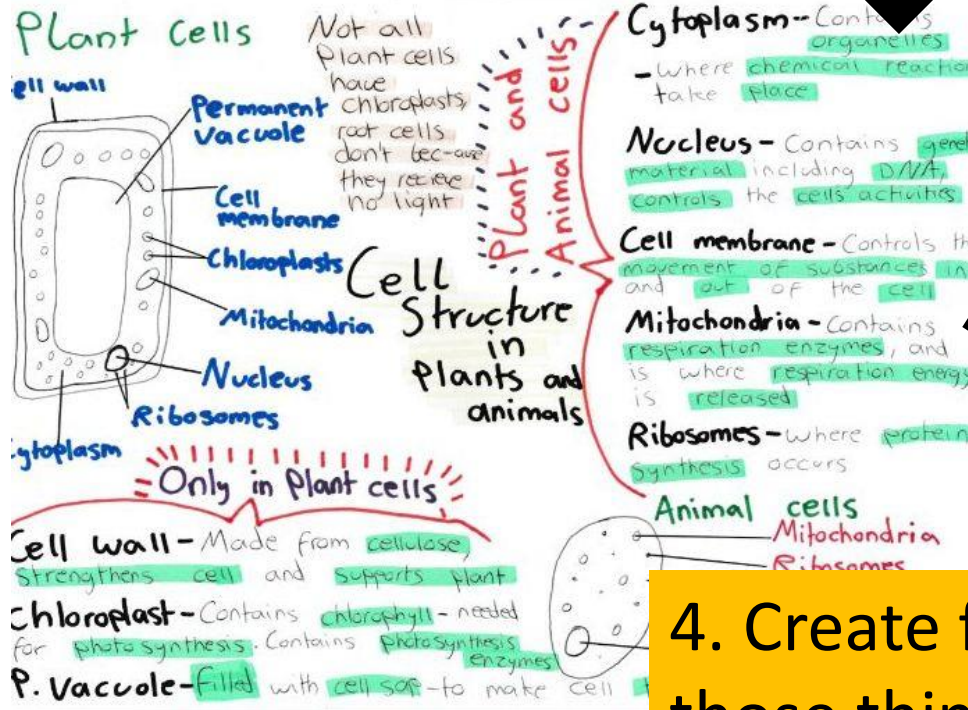
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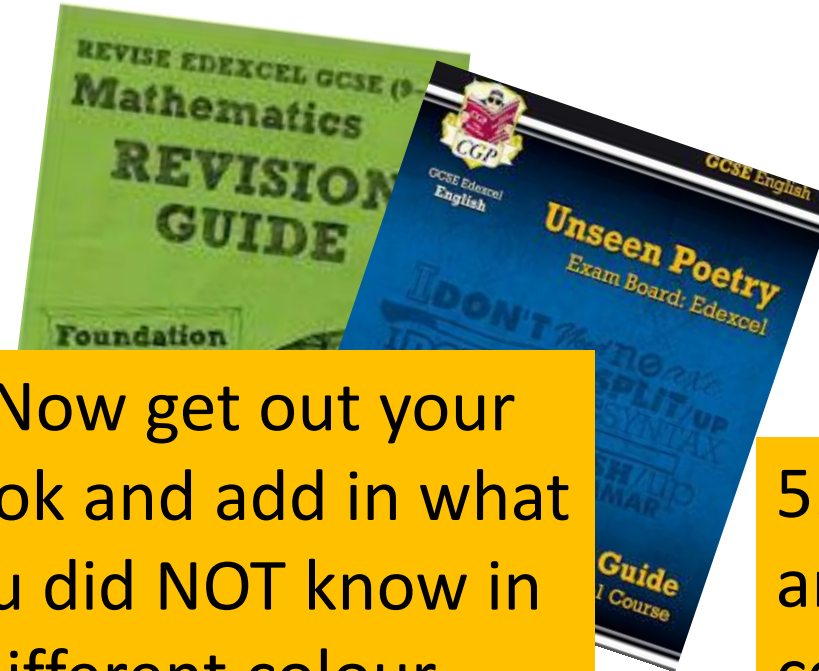
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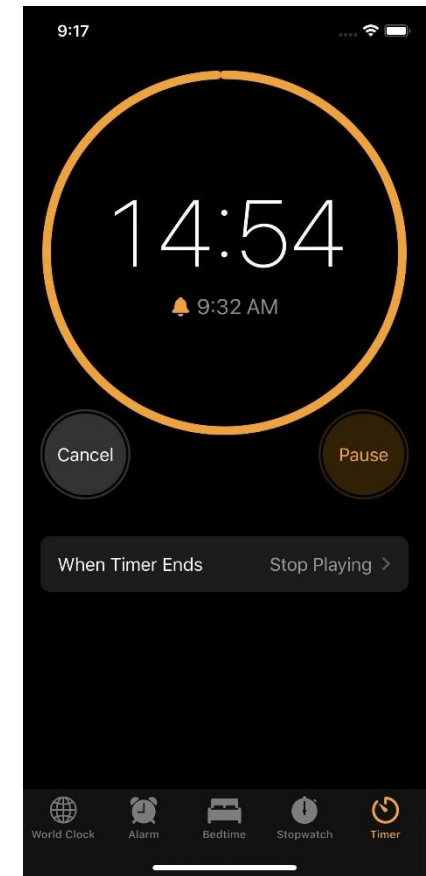


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'The Pomodoro Method'



There are six steps in the technique:

1. Decide on the task to be done.
2. Set the Pomodoro timer (traditionally to 25 minutes).
3. Work on the task until the timer rings.
4. After the timer rings, put a checkmark on a piece of paper.
5. If you have fewer than four '25 minute sessions' take a short break (3–5 minutes), then go to step 2.
6. After four pomodoros, take a longer break (15–30 minutes), reset your timer to zero, then go to step 1.



How are the college supporting students?

3-5 study sessions

Past Paper Thursdays

Pastoral, stress and mental health support.

How can you help?

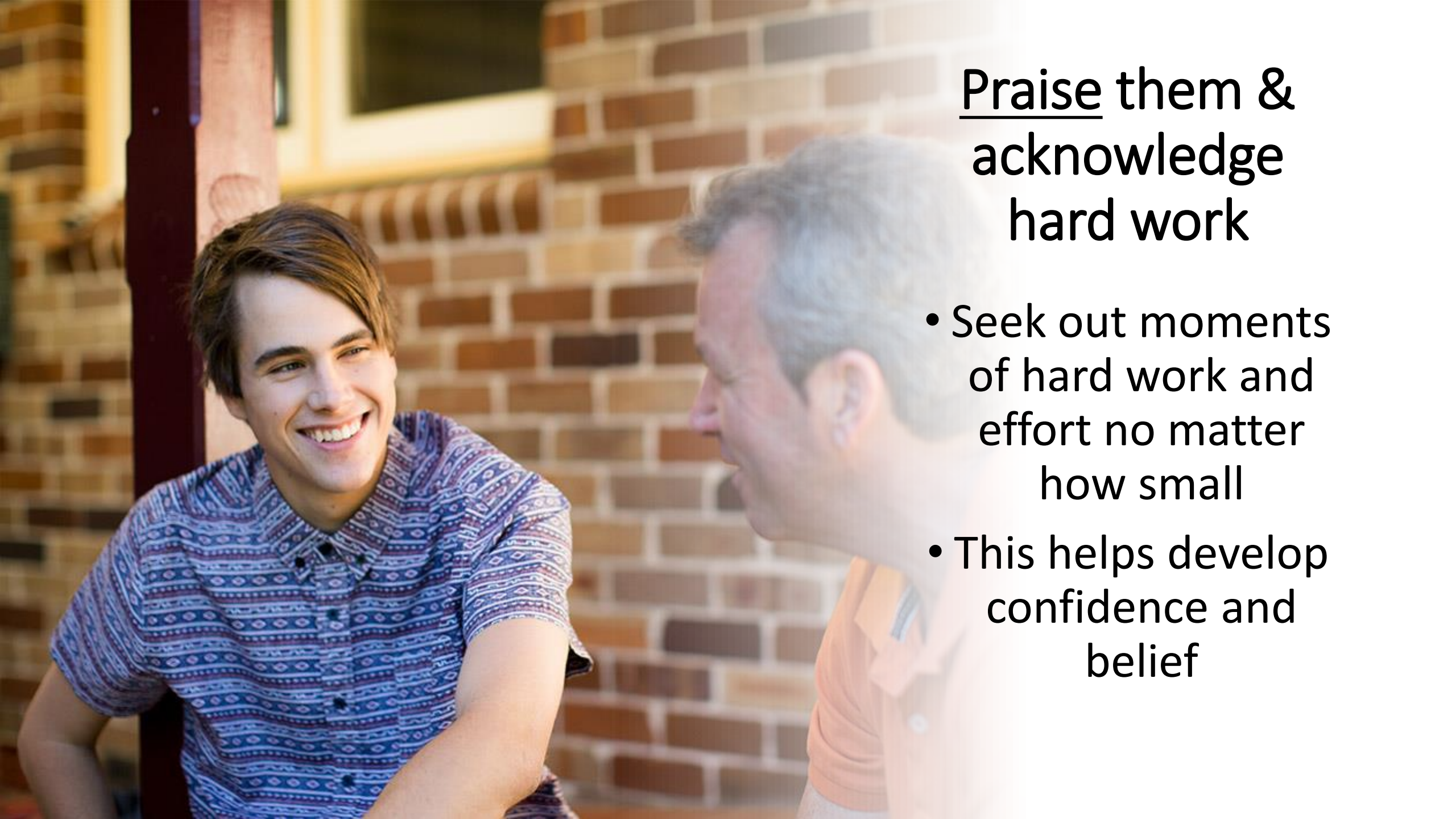
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- **Talk to the students about their independent study**
 - Ask them to share their brain dumps – stick them around the house!!!
 - Ask them what topics they have completed? And in which subjects
 - Help tests them on their flash card
- Help them plan their study time and also their personal time





Communication



Praise them & acknowledge hard work

- Seek out moments of hard work and effort no matter how small
- This helps develop confidence and belief

Key Dates

Spring Mock Exams

Mon 6th Feb – Fri
10th Feb

Tues 21st Feb – Fri
24th Feb

A Level exam window is 15th May – 21st June

Other qualifications may take place outside of this window

Prom – Thursday 29th June



Thank you

Parent Questionnaire



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